## DRESS CODE

The dress code provides a standard for our students, which fosters an environment conducive to learning and respectful behavior.

Final decisions regarding the school uniform rest with the principal/administration.

#### Uniform Requirements & Other Pertinent Information

ST. MARK Catholic School provides many options for students to dress comfortably in all seasons; therefore, it is not appropriate for students to wear out-of-uniform jackets and sweatshirts in the classrooms.

#### **DRESS REQUIREMENTS FOR STUDENTS**

ST. MARK Catholic School Uniform 2023-2024 School Year

Uniforms are available for purchase at FlynnO'Hara in Fairfax or through Lands' End online store.

## **Pre-school Uniforms**

# Pre-School Required uniform (if you only want to purchase ONE required uniform):

- Gray t-shirt with ST. MARK logo
- Navy blue mesh shorts with ST. MARK logo
- White, navy, or black crew length socks (socks must be solid in color and plain with no logos or writing)
- Navy sweat pants with *ST. MARK* logo are to be worn after Thanksgiving and until the Feast of St. Joseph.
- Athletic shoes. Shoes can be Velcro or laced.

# Optional pre-school uniform additions:

- Gray sweat shirt with ST. MARK logo
- Long-sleeved gray t-shirt with ST. MARK logo

#### **Pre-School GIRLS Optional uniform pieces:**

- ST. MARK plaid jumper with closed top
- Short-sleeved white, light blue, or navy knit polo with ST. MARK Logo
- White, navy, or black crew length socks (socks must be solid in color and plain with no logos or writing)
- Matte finish black Mary Jane shoes with sturdy rubber soles for the playground. Shoes can be Velcro or buckle.

## Optional uniform additions (Not

all options available in toddler sizes):

- Navy tights
- Navy leggings may be worn under the jumper.
- Long-sleeved white, light blue, or navy polo with ST. MARK logo
- Polar fleece with ST. MARK logo
- Button front V-neck drifter cardigan with *ST. MARK* logo

## **Pre-School BOYS Optional uniform pieces:**

- Navy blue trousers with elastic waist
- Short-sleeved light blue, or gray knit polo with *ST. MARK* logo (there are some color limitations in the toddler sizes)
- Navy or black crew length socks (socks must be solid in color and plain with no logos or writing)

## **Optional uniform additions** (Not all options available in toddler sizes):

- Navy blue shorts (may not be worn on cold days), with elastic waist
- Long-sleeved light blue, white, or gray knit polo with *ST. MARK* logo
- Polar fleece with ST. MARK logo
- Button front V-neck drifter cardigan with *ST. MARK* logo

#### Please note:

The traditional uniform for both boys and girls may be worn throughout the year, but is required each day from Thanksgiving through the Feast of St. Joseph (March 19). The fall/spring uniform options may be worn from August until Thanksgiving, and again from March 20 through the end of the year.

## Boys' Uniform (also see PE uniform)

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Grades	Traditional Boys' Uniform	Fall/Spring Option	Optional Uniform Additions
K-8	<ul> <li>Navy blue trousers with solid black, navy, or brown belt</li> <li>Short-sleeved light blue, white, or gray knit polo with ST. MARK logo</li> <li>Navy or black crew length socks (Socks must be solid in color and plain with no logos or writing.)</li> <li>Sturdy, solid black shoes, with black rubber soles. If they have laces or logos, the laces and logos must be black.</li> </ul>	Navy blue shorts, with solid black, brown, or navy belt	<ul> <li>Long-sleeved light blue, white, or gray knit polo with <i>ST. MARK</i> logo</li> <li>Polar fleece with <i>ST. MARK</i> logo</li> <li>Button front V-neck drifter cardigan with <i>ST. MARK</i> logo</li> <li>For Middle School students only: navy blue ½ zip pullover from FlynnO'Hara</li> <li>8th grade boys may wear gray uniform pants from FlynnO'Hara with the navy polo for the 2023-2024 school year.</li> </ul>

## Girls' Uniform (also see PE uniform)

<ul> <li>K - 2</li> <li>ST. MARK plaid jumper with closed top, ST. MARK plaid side-pleat skort, or navy blue pants with solid black, brown, or navy belt</li> <li>Short-sleeved white, light blue, or navy knit</li> <li>Navy blue shorts, with solid black, brown, or navy belt</li> <li>Navy tights or white or navy knee socks</li> <li>Navy leggings may be worn under the jumper or skort</li> </ul>
pants with solid black, brown, or navy belt  • Short-sleeved white, light blue, or navy knit  brown, or navy belt  • Navy leggings may be worn under the jumper or skort
• Short-sleeved white, light blue, or navy knit under the jumper or skort
polo with ST. MARK Logo during cold weather.
• White, navy, or black crew length socks
(Socks must be solid in color and plain with or navy polo with ST. MARK
no logos or writing.) logo
• Sturdy, solid black shoes, with black rubber • Polar fleece with ST. MARK
soles. If they have laces or logos, the laces logo

	and logos must be black.		Button front V-neck drifter cardigan with ST. MARK logo
Grades 3 – 4	<ul> <li>Traditional Girls'Uniform</li> <li>ST. MARK plaid jumper with closed top, Aline or Pleated ST. MARK plaid skirt (dark colored bike shorts must be worn underneath and hidden by skirt). Please note, skirts must touch the top of the knee when the student is standing straight.         OR         Navy blue pants with solid black, brown, or navy belt</li> <li>Short-sleeved white, light blue, or navy knit polo with ST. MARK Logo</li> <li>White, navy, or black crew length socks (Socks must be solid in color and plain with no logos or writing.)</li> <li>Sturdy, solid black shoes, with rubber soles If they have laces or logos, the laces and logos must be black.</li> </ul>	Fall/Spring Option  Navy blue shorts, with solid black, brown, or navy belt	<ul> <li>Optional Uniform Additions</li> <li>Navy tights or white or navy knee socks</li> <li>Navy leggings may be worn under the jumper or skirt during cold weather.</li> <li>Long-sleeved white, light blue or navy polo with ST. MARK logo</li> <li>Polar fleece with ST. MARK logo</li> <li>Button front V-neck drifter cardigan with ST. MARK logo</li> </ul>
Grades 5-8	<ul> <li>Traditional Girls'Uniform</li> <li>A-line or Pleated ST. MARK plaid skirt (dark colored bike shorts must be worn underneath and hidden by skirt). Please note, skirts must touch the top of the knee when the student is standing straight.         OR         Navy blue pants with solid black, brown, or navy belt</li> <li>Short-sleeved light blue, or navy knit polo with ST. MARK Logo</li> <li>White, navy, or black crew length socks (Socks must be solid in color and plain with no logos or writing.)</li> <li>Sturdy, solid black shoes, with black rubber soles. If they have laces or logos, the laces and logos must be black.</li> </ul>	Fall/Spring Option  Navy blue shorts, with solid black, brown, or navy belt	<ul> <li>Optional Uniform Additions</li> <li>Long-sleeved light blue or navy knit polo with ST. MARK logo</li> <li>Navy tights or white or navy knee socks</li> <li>Navy leggings may be worn under the skirt during cold weather.</li> <li>Polar fleece with ST. MARK logo</li> <li>Button front V-neck drifter cardigan with ST. MARK logo</li> <li>For Middle School students only: navy blue ½ zip pullover from FlynnO'Hara</li> </ul>

## PE Uniform for both Boys and Girls

This uniform is worn all day on PE days. The traditional PE uniform may be worn throughout the year, but is required from Thanksgiving through the Feast of St. Joseph (March 19.) The fall/spring uniform option may be worn from August until Thanksgiving, and again from March 20 through the end of the year.

Grades	Traditional PE Uniform	Fall/Spring PE Option	Optional PE Additions
	<ul> <li>Gray t-shirt with ST. MARK logo</li> <li>White, navy, or black crew length socks (Socks must be solid in color and plain with no logos or writing.)</li> <li>Navy sweat pants with ST. MARK</li> </ul>	• Navy blue mesh shorts with ST. MARK logo	• Long-sleeved gray t-shirt with ST. MARK logo

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logo and gray sweat shirt with ST.		
MARK logo (or polar fleece with ST.		
MARK logo)		
• Athletic shoes		

#### **PURCHASING OF UNIFORMS**

All items are to be "uniform," purchased only from FlynnO'Hara and/or Land's End. Parental cooperation is expected in this matter.

Another source of uniforms is the used uniform sales hosted several times a year by the PTPO.

### **GUIDELINES FOR WEARING THE UNIFORM**

Students are expected to dress neatly and modestly at all times. Anything that detracts from a respectful, caring, Christian, and academic setting is inappropriate. Specifically:

- Hairstyles: hair should be well groomed and styled conservatively. Fad hairstyles and hair coloring or bleaching are not permitted. A child's hair color must be their natural color.
  - o Boys' hair should be trimmed above the collar and out of the eyes.
  - Girls' hair should be away from the eyes. Ribbons and other hair
     accessories worn to keep hair out of the eyes or away from the face must
     be appropriate for school and coordinate with the uniform. Hair
     accessories that are solely decorative and serve no useful purpose are not allowed.
- Jewelry: All jewelry should be kept to a minimum and be appropriate for the school uniform, as follows:
  - For girls: Only one necklace may be worn with the uniform, and must be Christian in nature, such as a small crucifix or cross, a miraculous medal, or a saint medal.
  - Girls may wear one single small post earning in each ear.
  - Boys may not wear earrings. They may wear one necklace. Any necklace worn must be a scapular, simple crucifix or cross, or religious medal on a fine metal chain.
  - Bracelets, digital watches, and SMART watches are not allowed.

    Make-up and colored nails are not permitted, with the exception of 8th grade girls' privilege of a clear or *light* shade of pink nail polish. Fake nails of any kind (gel, acrylic, wraps, press-on, etc.) are not allowed. The nurse and teachers may have nail polish remover and students wearing non-compliant nail polish may be asked to remove it. Students wearing make-up will be asked to remove it. Students wearing gel nail polish may need to pay a manicurist to remove it.
- Make-up and colored nails are not permitted, with the exception of 8th grade girls' privilege of a clear or light shade of pink nail polish. Fake nails of any kind (gel, acrylic, wraps, presson, etc.) are not allowed. The nurse may have nail polish remover and students wearing non-compliant nail polish may be asked to remove it. Students wearing make-up will be asked to remove it. Students wearing gel nails or gel nail polish may need to pay a manicurist for removal.

- Hats are not to be worn in the building.
- Polo shirts are to be tucked in and sleeves may not be rolled up. P.E. shirts may be un-tucked. Pants/shorts are to be worn at the waist (not the hips) and with a belt. Skirt hems are to be a modest length and should touch the top of the knee when the student is standing straight or be longer.
- Socks must be crew length, plain with no logos or writing, and visible above the shoe at all times.
- Athletic shoes must be appropriate for school, and not be "Wheelies" or have flashing lights.
- Masks may be worn for health reasons only and should be clean, well-fitted, and may not have any inappropriate writing or designs.

ST. MARK Catholic School has extra uniform pieces. In the rare event that a child attends school in the wrong uniform or severely soils his/her uniform during the day, a replacement will be issued. Parents are asked to launder the replacement item(s) and return them to the school nurse.

### **OUT-OF-UNIFORM DRESS-UP & DRESS-DOWN DAY REQUIREMENTS**

On out-of-uniform days, students may choose to dress out of uniform, to wear their regular uniform, or if it is the day of their P.E. class, to wear their P.E. uniform.

All out-of-uniform items should be chosen in regard to modesty. Masks may be worn for health reasons only. Masks must be clean, well-fitted, and may not have any inappropriate writing or designs.

## **DRESS-UP DAY (INCLUDING GRADUATION):**

#### Girls:

- Girls may choose to wear nice slacks or a modest-length skirt or dress.
- Girls' tops or dresses must not have spaghetti straps, be strapless or an "off the shoulder" style, or show bare midriff.
- Backless shoes and open-toe sandals are not permitted on dress up days. Open-toe shoes are allowed for graduation and Confirmation only.
- Heels may not exceed 2 inches.
- No blue or black jeans may be worn by either boys or girls.

#### Boys:

- Boys are required to wear a collared shirt (no printing) with nice slacks, a belt, and dress shoes with socks.
- Sneakers/gym shoes are not permitted on dress up days.
- Backless shoes and open toe sandals are not permitted on dress up days.
- No blue or black jeans may be worn by either boys or girls.

## DRESS DOWN DAY REQUIREMENTS FOR ALL STUDENTS:

Allowed items	Items <u>NOT</u> allowed
<ul> <li>jeans in good repair (no rips or tears)</li> <li>athletic shoes</li> <li>short ankle socks</li> <li>shorts no shorter than two inches above the knee</li> <li>sweatshirts</li> <li>nail polish</li> <li>jewelry</li> <li>slacks</li> <li>skirts, dresses, and skorts that touch the top of the knee when standing straight</li> <li>loose-fitting athletic pants</li> </ul>	<ul> <li>open-toe sandals or shoes</li> <li>open-back shoes</li> <li>tank tops, racerbacks, tube tops, bare midriffs, low-cut tops, or see-through tops</li> <li>shirts, sweatshirts, or jackets with inappropriate writing</li> <li>tennis shoes that convert to roller skates (Wheelies)</li> <li>biker shorts or running shorts</li> <li>pajama pants</li> <li>undergarments worn as outerwear</li> <li>any pants with writing on the seat</li> <li>yoga, exercise, or running pants</li> <li>any clothing that is extremely tight</li> <li>tight leggings worn as pants – leggings, if worn, must be worn with a dress or skirt</li> <li>make-up or colored hair</li> <li>cutoffs or clothing with rips/holes</li> <li>hats (in the building)</li> </ul>

Please note: Students wearing immodest or inappropriate clothing will be asked to change into something more appropriate and modest.

## **SPIRIT WEAR DAYS**

The first Monday of every month is a spirit wear day. Students may wear the following top options:

- Any ST. MARK spirit wear item, whether old or new (pajama pieces excluded)
- Any navy blue and/or gold shirt
- ST. MARK PE shirt or PE sweatshirt
- Regular ST. MARK uniform shirt

With a spirit wear top, students may wear the following pants options:

- Jeans in good repair (no rips or tears)
- ST. MARK PE shorts (if before Thanksgiving/after March 20), PE sweatpants, or spirit wear sweatpants in good repair.
- Regular ST. MARK uniform pants or shorts (depending on the time of year)

#### **Backpacks**

During the 2023-2024 school year, students may use a standard backpack. The allowance for rolling backpacks, which occurred during the pandemic when students were carrying all books home regularly, has been discontinued.

## **Dress Requirements for Visitors**

Because adults are setting the example for students, volunteers or parents/guardians dropping off and picking up students in the building should be dressed modestly. Revealing exercise attire is not appropriate and at the very least should be covered by a large T-shirt.

## INAPPROPRIATE MATERIALS

Students are not permitted to possess the following items on school property or at school functions:

Weapons (real, toy, or look-alikes) Fireworks, explosives, or other incendiary devices Laser pens/pointers Inappropriate written materials/pictures Sharp objects such as pocket knives Gum E-cigarettes or vapors Alcohol, drugs, or any tobacco products Electronic games Musical devices E-readers Remote control devices Radios, CD players, or DVD players Toys and trading cards Personal playground equipment Scent producing items

## **Cell Phones**

Use of cell phones in school or on school property during school hours by students is not permitted. (See complete cell phone policy on p. 21.)

## **Interactive Watches**

Digital watches or interactive watches, such as Fitbits, may not be used by students at school. Smart watches are also not allowed in school. If a parent feels their child must have a digital or smart watch, it must be kept in the locker and cannot be used during school hours.